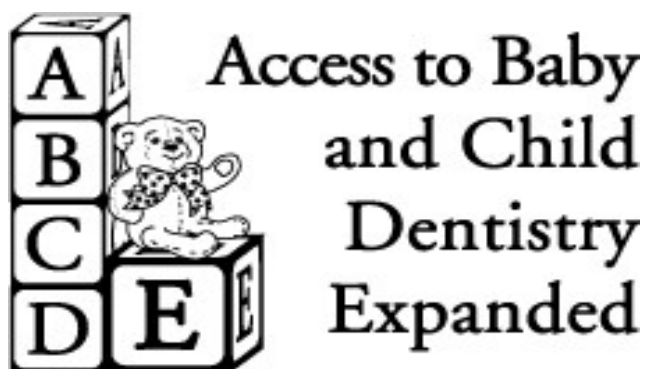


# **SPOKANE REGIONAL HEALTH DISTRICT ORAL HEALTH PROGRAM**



## **ACCESS TO BABY AND CHILD DENTISTRY “EXPANDED” (ABCDE) PROGRAM**

### **GROUP HEALTH COMMUNITY FOUNDATION SEMI-ANNUAL PROGRESS REPORT GUIDELINES**

January 2002-June 2002

In January 2002, the Spokane Regional Health District's Oral Health Program initiated the "Access to Baby and Child Dentistry Expanded " (ABCDE) Program.

Building on the success of the original Access to Baby and Child Dentistry (ABCD) Program, Spokane's at-risk children now have even greater access to health care. The program aims to decrease chronic oral health disease by improving the delivery of oral health education to children and adolescents. To accomplish this, the Health District is actively providing in-services to medical offices through out Spokane County on how to recognize oral health problems, provide fluoride varnish applications, and instruct the family on basic oral hygiene. Also, the medical office may use the Health District as a referral if the child is in need of a dentist. As a Grantor, the Group Health Community Foundation is instrumental in this unique development. This semi-annual progress report will provide information in the progress of the ABCDE Program.

**1. Title of project:**

Access to Baby and Child Dentistry Expanded (ABCDE) Program

**2. Time period: Semi Annual Progress Report Guidelines**

January 2002 through June 2002

**3. Schedule of project:**

**Timeline:**

*0-90 days (January 1-March 31, 2002):*

Staff/provider recruitment and training

*Accomplishments to date:*

Dental Hygienist hired January 15, 2002

Health Program Specialist 1-hired March 15, 2002

*0-365 days (January 1-December 31, 2002)*

Client outreach, education and enrollment

*Accomplishments to date:*

393 clients have received education and a fluoride varnish application

*30-365 days (February 1-December 31, 2002):*

Ongoing project service provision, continuous project management and evaluation, continuous client and provider communication and support

*Accomplishments to date:*

Provision and management of the program, designing evaluation of program with University of Washington, and follow-up support of all participants involved with the program.

Midway through the year, progress of the Access to Baby and Child Dentistry Program is on schedule. Staff was promptly hired to start program implementation. The first Medical office in-service was given on January 16, 2002, and the office promptly began to deliver the oral health services they had been instructed in. In contrast, other offices presented unexpected delays in incorporating the program. For instance, the office may send out all of their billing and therefore needed to wait until the billing staff could meet to discuss the program or stakeholders of the medical office would need to be consulted to see if the program would be incorporated into the practice. In addition, several offices felt the timing was not appropriate as they had just moved into a new facility, were in the process of initiating new billing software, or had major staff changes. These offices will be followed up in the near future. Regardless, the program is on schedule even with the mentioned situations. With this information it will be imperative that follow-up, including case management, take place with the offices as an essential component of the program. The ABCDE staff will be making any necessary correspondence, such as phone calls, offices visits, additional trainings etc. to assist the medical offices in implementation of the ABCDE program.

#### **4. Principle objectives:**

*Initial objective:*

Recruit 10 pediatricians

*To date:*

15 pediatricians have been trained with 5 currently performing the services in their practice and 7 to start soon. In addition, the ABCDE Program participated at the Primary Care Conference in Spokane, WA. Four hundred medical providers, from Washington and other states, attended and were able to find out about the program by attending a lecture or visiting the ABCDE booth.

*Initial objective:*

Recruit 50+ pediatricians and family practice physicians

*To date:*

41 pediatricians and family practice physicians have been trained with 5 currently performing the services in their practice and 20 to start soon.

*Initial objective:*

Serve at least 1,000 at-risk children with direct services

*To date:*

393 children have received an oral assessment, fluoride varnish application, oral health education and a dental referral as necessary.

*Initial objective:*

Serve at least 2,000 people who indirectly benefit from education

*To date:*

It is estimated that an additional 786 people have benefited from education at the Medical office (a caregiver and one sibling for each child receiving treatment).

*Initial objective:*

Inform, educate, and recruit families with eligible children

*To date:*

Spokane's local newspaper, *the Spokesman-Review*, featured an article on the ABCDE Program. The date of the article was February 2, 2002, just two weeks after the initial medical office in-service was delivered. This timely article explained the importance of oral health in relation to total health and well-being. The article provided the community an introduction to the new program, and explained who was eligible. Thus, the featured article, including two photographs, was a source of information, education and recruitment to the community.

In addition to the newspaper, Grantors were recognized at the February Board of Health meeting in Spokane, Washington. Group Health Community Foundation and the Washington Dental Service Foundation are the grantors for the ABCDE Program.

As Oral Health staff from the Spokane Regional Health District provide educational presentations in the community to target populations, the original ABCD Program and, now, the ABCDE Program is identified as a resource for children in the community. In addition, educational materials for medical offices and parents have been developed by oral health staff. Newsletters with updates and program information regarding ABCDE and ABCD are distributed on a quarterly basis to the participating medical providers as well as the ABCD dentists in the community. The ABCDE PowerPoint training presentation given to the medical providers is also enclosed explaining the program and the how to implement it in the medical offices. A lecture accompanies each training slide.

*Initial objective:*

Maintain ongoing dialogue and feedback with providers and clients via questionnaires and in-person contact

*To date:*

Staff from the Spokane Regional Health District provides the initial in-service to each Medical office. Follow-ups are made by phone, fax, or in person to ensure all questions are answered and each office has the information to begin participating in the program. In addition, follow-up is continued to make certain the program is running smoothly. Often, information and suggestions gained from one office is shared with other offices. The process has been a learning experience for everyone involved. At this time, questionnaires have not been implemented, but the evaluation of the program is being designed, and they are included in that process.

*Initial objective:*

Implement project improvement recommendations

*To date:*

An ABCDE steering committee was formed to guide and assist with program activities. Recommendations have been received from pediatricians, family practice physicians, billing and front office staff, the ABCDE Steering Committee and the local Oral Health Coalition. This information is discussed and often implemented. When pertinent, the information is shared with Medical offices involved with the program.

*Initial objective:*

Conduct formal evaluation and transition program to sustainable model

*To date:*

Program evaluation is in the process of being designed by the University of Washington

In summary, the principle objectives are being accomplished at the time of this report.

## **5. Summary of achievements as of June 30, 2002:**

Number of Medical offices who have received ABCDE in-service:	18
Number of Medical offices participating in ABCDE:	10*
Number of Medical doctors who have received ABCDE in-service:	41
Number of doctors and staff who have received ABCDE in-service:	151

Number of clients receiving oral assessment, education and fluoride:	393
Sum of Medicaid dollars re-imbursed to medical office:	\$7191.90
Number of conferences ABCDE represented at:	1
Number in attendance for presentation at the Primary Care conference	45
Number of conference booths representing ABCDE:	2
Number of children who have received more than one fluoride tx:	8
Number of children who have received follow-up dental care and % of reduction of caries in participating children:	Determined at a later date
Future projected trainings of medical providers:	80

\*Currently, three medical offices have reported monthly data to the Spokane Regional Health District. During the month of June, six additional offices began delivering ABCDE services and data will not be reported until July 2002.

#### **6. How have the Foundation dollars been spent during this time period?**

From the previous payments made by the Foundation, all funding has been expended. The object code categories that have been spent include, but are not limited to: salaries/benefits of new ABCDE personnel, office/operating supplies, educational materials, promotional items, printing, books, brochures, postage and medical supplies (fluoride varnish). We are anticipating the next payment used for evaluation modalities.

#### **7. How many dollars are unspent from previous payments?**

The last installment has all been spent. There are no unspent dollars.

#### **8. Estimated completion date of project:**

June1, 2003

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